

YOUR PERSONALIZED SKINCARE REGIMEN

Prepared for: **Joanne Arc** on **January 03, 2025** by **Damon Borozny**

MORNING ROUTINE

- STEP 1** **ZO Gentle Cleanser**
Massage a pea-size amount into damp skin and rinse thoroughly. Gentle enough for all skin types. Removes impurities, dirt, oil and make up leaving skin refreshed.
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- STEP 2** **AO2 Clear**
Place a sponge in dish and pour small amount in. Wipe over affected area. Gently kills acne bacteria.
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- STEP 3** **ZO Firming Serum**
Apply to clean, dry skin. An anti-aging serum proven to tighten and firm with 88% increase and elasticity in 12 weeks. Contains no pore clogging ingredients.
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- STEP 4** **ZO Daily Sheer SPF 50**
Apply daily over face, neck, and ears. Water and sweatproof, this non-greasy sunscreen dries quickly with a sheer finish. Contains no pore clogging ingredients.

EVENING ROUTINE

- STEP 1** **ZO Gentle Cleanser**
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- STEP 2** **AO2 Clear**
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- STEP 3** **ZO Firming Serum**
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- STEP 4** **Obagi Tretinoin Gel .05**
Apply pea to blueberry size to face avoiding eyes, nostrils and lips. One of the best anti-aging, anti-acne products. Regulates skin cell turnover, regulates skin hydration levels, smooths fine lines and wrinkles and improves overall skin quality.

NOTES

General Notes

Always wear sunscreen

IPL-Photofacial Face/Neck

- A mild sunburn-like sensation is expected and usually lasts 1-2 hours but can persist up to 24 hours. Mild redness, swelling, and tenderness may also occur. Topical or Oral anti-inflammatory may be taken.
- Pigmented lesions may initially look darker but will begin to flake off in 7-10 days. Do not pick, scratch or remove any scabs.
- Shower as usual, treated area may be temperature sensitive.
- Avoid hot tubs, scrubbing, using exfoliants, scrub brushes and loofahs until area has returned to pre-treatment condition.
- Until redness has resolved avoid cosmetics, swimming, ocean swimming, excessive perspiration, and sun exposure.



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